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Awareness of mobile device security and data privacy tools

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Abstract

Today, during the COVID-19 pandemic, the use of mobile devices has become a global norm for society. People use mobile devices for social media applications, internet browsing, banking, e-pay, photography, music, e-mails, directions, timers, applications, work, and education. However, not all mobile devices are properly protected. Thus, it is critical to educate users about mobile device security and data privacy because the consequences of losing personal or organizational data are significant and very challenging to recover. This research explores the literature and details current mobile device security and data privacy issues, terminology, and defensive techniques. Additionally, this research utilized the Delphi approach to form a comprehensive, ranked matrix of well-established mobile security applications.

Keywords: Mobile security, data privacy, malware, location traction, remote wipe, mobile security tools

Introduction

In 2016 there were more than 7.7 billion mobile device users/connections (GSMA Intelligence, 2016). Among those mobile connections, more than 3.7 billion are from smartphone users (Koyuncu & Pusatli, 2019). Baillelte, Barlette, and Leclercq-Vandelannoitte (2018) reported that the purchasing of mobile devices surpassed the current sale of the personal computer (PC). The increasing usage of smartphones/mobile internet users has shifted the way in which people interact, access, and store data (Kemp, 2016). For example, mobile devices' connectivity to the internet has allowed users to download games, send e-mails, browse websites, conduct online banking, buy merchandise, access company networks, share data, access social networks, and so much more (Baillelte, et al., 2018; GSMA Intelligence 2020).

Furthermore, the recent worldwide COVID-19 pandemic has majority of the world working remotely from home as a mode for practicing social distancing (Stewart & Menon, 2020). Prior to the pandemic, approximately 17 million jobs were directly supported via the mobile ecosystem (GSMA Intelligence, 2016). The Global Mobile Trends 2021 Report predicts that mobile internet usage may increase more from the COVID-19 pandemic (GSMA Intelligence, 2020). The increase of mobile internet users brings about many data privacy and security concerns (Kemp, 2016; Markelj & Bernik, 2015; Rota, Pinchot, & Paultet, 2010; GSMA Intelligence, 2020).

Existing mobile security research has typically focused on passwords (Yazji, Scheuermann, Dick, Trajcevski, & Jin, 2014), voice recognition (Moon, Leung, & Pun, 2003), and finger prints in the authentication stage. While this type of research is valuable, it doesn't adequately protect mobile (GSMA Intelligence, 2016 & 2020). The goal of this paper is to explore, compare, and rank tools available for individuals to increase digital privacy and security on mobile devices. This paper provides a significant

impact upon previous literature and mobile internet users so that they may make better-informed decisions regarding securing and privacy on their mobile devices. The remaining structure of this paper is as follows: brief review of the literature, research purpose, methodology, results, and conclusion.

Literature review

Today, mobile internet usage is very common. However, the problems and issues surrounding the mobile internet usage include information tracking, leaked, collected, and shared (Koohang, Paliszkievicz, Nord, Paullet, & Underwood, 2019). Many small businesses or low profile organizational websites otherwise known as “just plain sites” (JPS) place mobile users at risk. For example, JPS may collect unnecessary private information (Aleyasen, Starov, Phung Au, Schiffman, & Shrager, 2015) or may not update email templates to protect account passwords (Bologa, Lupu, Boja, & Georgescu, 2017). Differences between the desktop and mobile versions of websites in terms of security characteristics can lead to abuse going undetected or the introduction of additional vulnerabilities.

Data privacy and security is a current issue in education as more educators are using technology within the classroom (Jamil, Jamil, & Shahzadi, 2019). As digital natives of technology, college students are in the middle of a new enhanced security paradigm shift. Additionally, teens and tweens are also heavily immersed in technology (Koyuncu & Pusatli, 2019). According to Common Sense Media (2015), device ownership among individuals, 8 to 18-years of age, increased from 67% in 2015, to 84% in 2019. Anderson and Jiang (2018) found within United States (US) teens in 2018, only 88% have access to a home laptop and or desktop, however, 95% of teens own a smartphone. These statistics are radically different from 10 years ago. As a result of this rapid increase in usage, many of mobile users may not be educated regarding the importance of mobile privacy and security (Bullen & Morgan, 2016; Anderson & Jiang, 2018).

Moreover, many mobile users are broadening their social media circles, shopping for necessities, and handling personal finances online daily (Ko & Jeng, 2015). The threat of identity theft and downloading malicious spyware/adware is frequent. In 2019 the Pew Research Center (PEW) found that 70% individuals lack confidence in the security of their data online. Meanwhile, 63% of Americans say they lack understanding and/or education in the protection of their information by organizations (Anderson & Jiang, 2018). Users checking their privacy settings and ensuring that their devices are not broadcasting their location is a small question of security that users should reflect upon often.

Koohang et al. (2019) surveyed 184 employees regarding the success variables that may influence users’ security and data protection awareness of mobile devices. They concluded that education and awareness of mobile security, privacy, and risks are important. In 2014 the National Science Foundation (NSF) and National Security Agency (NSA) established the GenCyber program. The purpose of GenCyber is to raise awareness regarding mobile security among middle and high school students (Payne, Abegaz & Antonia, 2016; Jiang, Tian, & He, 2017; Smith & Ali, 2019). While this program has been helpful to teens within middle and high school, there is no follow-up awareness programs after high school. Thus, if an employer or university doesn’t offer mobile security training, little mobile security awareness is gained after high school. Therefore, there is a need for awareness of mobile security tools after high school.

Furthermore, Pinchot and Paullet (2015) conducted an extensive study of mobile data privacy preventative measures among 187 university students and alumni within a Mid Atlantic university within the US. They found that participants were not as aware of many security and privacy features or tools. Pinchot and Paullet concluded that there is a need for an awareness and education regarding tools available for users to secure their mobile devices and data.

Securing and Privacy Awareness & Trends

Malware

Malware is an intrusive and disruptive program intended to operate on a device without the owner's knowledge or permission. Often, adware, spyware, key loggers and viruses are also referred to as malware (Karim, Shah, Salleh, Arif, & Noor, 2015).

Futuresight (2011) studied mobile users concerns within 219 countries. This study revealed that an overwhelming 92% of mobile users expressed concern regarding malware applications. Today, many mobile users expect their mobile device to be protected or secured upon purchase. However, mobile devices do not come fully secured with a malware protection app. More alarming, many mobile users do not understand that their device is vulnerable to malware and malicious attacks.

Bruno, Graziano, Balzarotti, and Francillon (2014) reported that malware on mobile devices is an important and evolving issue because there is no coding involved infecting Android applications with malicious programs. Therefore, Android platforms and applications are currently most at risk for malware attacks. As such, many hackers have taken advantage of Android platforms and application vulnerabilities to gain unauthorized access in sending e-mails, accessing unauthorized files and photos, and locking user data. Hence, mobile device users need to be prepared for the increasing number of malware and malicious attacks to come.

Karim et al. (2015) and Lemos, Daniel, and Benatallah (2016) argued that many cyber criminals are beginning to exploit the vulnerabilities of mobile devices. For example, a simple malware and malicious application scan on 20 million apps within a worldwide app store found 52% of the apps to be harmful.

Location Tracking

Tracking mobile devices' location without the user finding out is becoming a common occurrence today. There are undetectable spy applications for mobile devices with location tracking which makes mobile device tracking easier than ever. Whatever the reason is for tracking another person's phone, it is essential for users to understand how to avoid being tracked.

Currently, the establishment and use of maps with voluntary participation of tracking of COVID-19 established through Facebook and researchers from different medical institutions and universities are used to assist on the federal, state, and local levels to disseminate the information that is collected. A partnership formed between Facebook and Carnegie Mellon initiated the Delphi COVID-19 Response Team. Facebook allowed the use of their platform for Carnegie Mellon to solicit data through surveys. The surveys reach and collect information from individuals affected by the various and their symptoms (Wilson, 2020). As organizations are using technology to provide the information voluntarily, the question of where the data will remain after the study can be questioned by the participants.

The US also has Health Insurance Portability and Accountability Act (HIPAA) in place to protect citizen's health information. However, in order to relay information quickly around the world, HIPAA may not always be properly followed during a pandemic. For example, In Singapore a tracking app called TraceTogether is used for monitoring COVID spread. TraceTogether tracks and logs the user's location and meeting with other users through Bluetooth technology. This information is used to report to Singapore's Ministry of Health, the individuals are notified through the app when there is a user that has symptoms. However, regarding the US, they found TraceTogether usage may not be as acceptable as there is no guarantee of privacy protection (Cho, Ippolito, & Yo, 2020). Additionally, Messai & Seba (2020) compared COVID-19 tracing apps regarding privacy and security threats. They found that TraceTogether's malicious developer is open source. Thus, the acceptance, use, and privacy of the information along with future implications are

all questions that will be discussed in the coming months as privacy compromises are discovered.

Data Privacy

Undoubtedly, privacy is a huge concern for many mobile users as users' data have been stolen and exploited (Alqahtani & Li, 2017). There are many research studies focusing on how to overcome mobile privacy issues. It is important to note that privacy protection includes detecting applications suspected of stealing data or unintended exposure of photos or other data. Data privacy is often associated with privacy browsing mode, privacy browsing, safe browsing, secure app advisor, privacy protection, and wifi security (Yao, Chuang, & Hsu, 2018).

Privacy browsing or incognito mode allows mobile users browse the web without collecting browsing history, cookies, or temporary files. (Zhao & Liu, 2015). Recently, Wu, Gupta, Wei, Acar, Fahl, and Blase (2018) examined 460 participants' perceptions regarding private browsing mode. They found that many users have misconceptions regarding private browsing mode. Thus, agreeing with research by Solove (2005) that privacy is misleading.

Many users confuse privacy browsing mode with safe browsing features provided by security applications. Safe browsing or phishing blacklist includes blocking malicious links and phishing websites. Three of the widely used safe browsing blacklist are Google Safe Browsing (GSB), PhishTank (PT), and OpenPhish (OP) (Bell & Komisarczuk, 2020).

Like safe browsing, remote wipe is another essential component needed within a privacy tool. Remote wipe means the app allows data to be erased from a smartphone remotely. Yu, Wang, Sun, Zhu, Gao, and Jing (2014) argue because remote wipe methods typically need WiFi or a SIM card for cellular network connection it is difficult to protect data if a mobile device is stolen. They provided a novel approach to allows users to delete data remotely without WiFi or SIM card available. Similarly, secure app advisor warns the user if apps downloaded on the mobile device are safe.

A study by Yao, Chuang, and Hsu (2018) examined 12 mobile security and antivirus features. A two-dimensional, Kano Model questionnaire was utilized to survey users. Their study found malware prevention, safe browsing, parental control, and privacy protection had the most impact for customer satisfaction. They also found that females tend to consider remote lock and locate and wifi security as important features. Lastly, non-technological users desire garbage file cleanup, remote lock and locate and secure app advisor was found.

Another study by Alqahtani and Li (2017) utilized an PPAndroid-Benchmark, to analyze privacy functions on an Android device. They applied 165 apps with privacy features to PPAndroid-Benchmark. They found that PPAndroid-Benchmark was successful in moving information sources and sinks. As well as, many applications required additional configuration or changes in their default settings to ensure they were fully enabled. However, they did not disclose the mobile security apps in which default settings needed to be changed.

Purpose of the study

The purpose of this paper is to provide and compare a short list of tools that can be used by mobile users alike to protect their data and increase their personal security in digital tasks. Specifically, this research seeks to provide a short list of well-established mobile security and privacy tools, sort the tools by features, and rank those tools by features, cost value, and platforms.

Methodology

A review of literature was conducted over a nine-month period to determine the most commonly used mobile security and privacy tools. Specifically, the three authors conducted a content analysis of website reviews and online literature for over 50 mobile security products. Next, using the Delphi approach, the three authors compiled a list top of twenty of the most common and well-established mobile security software tools.

Next, a qualitative web content analysis and app testing were conducted to examine the applications for remote wipe, privacy protection, secure app advisor, and wifi security features. The authors examined the applications features identified as essential within the literature.

Moreover, this research utilized a qualitative web content analysis approach to analyze the presence the platform, cost, and privacy feature concepts of each of the twenty software tools. Data obtained was tabulated and presented in a matrix format.

Finally, the Delphi approach was utilized to rank the software tools by features, cost value and platforms. The authors served as the panel of experts. Each author studied IT security as part of their doctoral program and has experience within the industry or with academic research. The authors interacted via e-mail ranking the software tools and sent the information back and forth twelve times until a consensus was reached regarding the rankings.

Results

Comprehensive Matrixes Recommendations

The best way to protect a mobile device from malware is to download and install a mobile security application. Malware prevention includes scanning for viruses and malware when applications are downloaded to mobile devices. Table 1 provides a summary of the most common and well-established mobile security applications to help protect against malware and viruses.

Table 1. Matrix of the most common and well-established mobile security applications to help protect against malware and viruses

Software Tool	Cost/Free	Platform
AhnLab v3 Mobile Security	Free	Android
Antiy AVL	Free	Android
Avast Mobile Security	Free	Android
AVG Free	Free	Android and iPhone
Avira	Cost	Android and iPhone
Bitdefender Mobile Security	Cost	Android and iPhone
ESET Mobile Security Master	Cost	Android and iPhone
F-Secure Safe	Cost	Android.
G Data Internet Security	Cost	Android and iPhone
Google Play Protect	Free	Android
Kaspersky Lab Internet Security	Cost	Android and iPhone
Lookout Mobile Security	Cost	Android and iPhone
McAfee Mobile Security	Cost	Android and iPhone
Norton Mobile Security	Cost	Android and iPhone
NSHC Droid-X 4U	Free	Android
PSafe DFNDR	Cost	Android
360 Mobile Security	Cost	Android
Quick Heal Mobile Security	Free	Android
Sophos Mobile Security/Control	Cost	Android and iPhone
Trend Micro Mobile Security	Cost	Android and iPhone
Webroot	Cost	Android and iPhone

To protect user privacy, many locking mechanisms enable password-locking/unlocking, wherein typically none or all a mobile device's features are accessible to the user. Since typing a password every time a user picks up the device is tedious, such practices often fail due to non-use. Mobile device users may prioritize convenience over strong security, thereby accidentally sharing sensitive information with unintended audiences. Solutions that address the users' communication privacy, while enabling protection of business content are essential. Therefore, users must consider mobile security applications to help protect their privacy while using their devices over multiple contexts including personal, educational, and business. There are several features that should be considered when choosing the best fit for a mobile security application. Table 2 provides a summary of the most common mobile security applications with remote wipe, privacy protection, secure app advisor, and wifi security.

Table 2. Most common mobile security applications

Software	Remote	Privacy	Secure	WiFi
Tool	Wipe	Protection	App Advisor	Security
AhnLab v3 Mobile Security		X		
Antiy AVL			X	
Avast Mobile Security	X	X	X	
AVG Free	X			X
Avira	X	X		
Bitdefender Mobile Security	X	X	X	
ESET Mobile Security Master	X			X
F-Secure Safe	X	X		
G Data Internet Security	X	X		
Google Play Protect	X			
Kaspersky Lab Internet Security	X	X		
Lookout Mobile Security	X	X	X	
McAfee Mobile Security	X	X	X	X
Norton Mobile Security	X	X		
PSafe DFNDR	X	X	X	X
360 Mobile Security	X			X
Quick Heal Mobile Security	X	X	X	
Sophos Mobile Security/Control	X	X	X	X
Trend Micro Mobile Security	X	X	X	

Based upon tables 1 and 2, the authors ranked the software tools. Table 3 provides the list of software tools according to features, cost value, and platform.

Table 3. Author ranked information matrix to software tools

Software Tool	Features/Most	Cost	Android	iPhone (iOS)
	Protection	Value	Platform	Platform
AhnLab v3 Mobile Security	18	4	18	
Antiy AVL	20	6	20	
Avast Mobile Security	8	2	8	
AVG Free	14	3	14	10
Avira	12	16	12	8
Bitdefender Mobile Security	5	10	5	3
ESET Mobile Security Master	15	18	15	11
F-Secure Safe	11	15	11	
G Data Internet Security	17	20	17	
Google Play Protect	19	5	19	
Kaspersky Lab Internet Security	9	13	9	6
Lookout Mobile Security	6	11	6	4
McAfee Mobile Security	1	7	1	1
Norton Mobile Security	10	14	10	7
PSafe DFNDR	3	9	3	
360 Mobile Security	16	19	16	
Quick Heal Mobile Security	4	1	4	
Sophos Mobile Security/Control	2	8	2	2
Trend Micro Mobile Security	7	12	7	5
Webroot	13	17	13	9

*Ranked in ascending order with 1 being the best.

Conclusion

While threats can be contained or mitigated with the use of cybersecurity tools; without proper introduction or education of available tools, the security of the mobile user's daily use can be vulnerable. Existing research has shown that mobile devices are vulnerable to security attacks. Additionally, there is an abundance of information and tools regarding mobile device security which often is confusing for one to know or understand which tool is best suited to secure their mobile device. This paper provided valuable information for users to better understand mobile devices security and tools.

It is important to note that this research is not without limitations. First, this research is limited as it is theoretical in nature because it did not test any of the information described. Second, it is also limited in that it only assumes users do not understand how to protect their mobile devices. It also assumes that mobile devices are not secure. Additional research should address these limitations.

Regardless of the limitations, this paper has practical implications for higher education faculty teaching mobile security as it adds to the existing body of literature. This research is also important because it suggests practical tools for end user's mobile devices to secure and preserve critical data. In addition, it provides examples of tools users can implement to thwart attacks and keep data safe and provides an order rank of tools.

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